

THE DEPARTMENT OF PHYSICAL EDUCATION

THE AIM of this Department is to provide young women with a training, both in the Theory and Practice of Physical Education, that will enable them to take advantage of the opportunities offered in the ever-increasing demand for thoroughly qualified teachers. A special feature for the coming School year will be Classical, National, and Folk Dancing, taught by the method of Louis H. Chalif of New York, a graduate of the Imperial Ballet School of Russia. Chalif dancing is now taught in practically all the Normal Schools of Physical Education in America, including the Sargent School, and has achieved popularity in educational institutions of such standing as Wellesley College and Columbia University. The reason for its success may be summed up briefly:

The Purpose

It exercises the whole body, bringing health and co-ordination, the torso, the arms, and the head being trained as carefully as the feet.

It offers an excellent means of recreation.

It gives grace.

It has an educational value, inasmuch as it develops an æsthetic sense and stimulates sympathy with other races and times.

CLASSES in this Department of Physical Education are under the direction of Miss Mary Hamilton, who has completed the Normal Course in the Chalif School, and secured all the latest compositions.

CLASSES for children, from eight to twelve years of age, in simple æsthetic dances, will be held on Saturday mornings under Miss Hamilton's direction.

*Children's
Classes*

The Evening Classes

Monday—Interpretative Dancing, Miss Hamilton.
 Tuesday—Readings by Emma Scott Nasmith.
 Wednesday—Physical Education, Miss Hamilton.
 Thursday { Physical Education, Miss Hamilton.
 Contemporary Authors, Miss Ross.
 Dramatic Art, Miss McFetridge.

THE EVENING CLASSES include English Literature, French Grammar and Conversation, Physical Education, Voice Culture (Class and Personal), Dramatic Art, Interpretation, Fencing, Oratory, Public Speaking and Reading.

These Evening Classes are for business men and women, and offer a course of study covering a period of twenty weeks, at club rates.

*The Tuesday
 Evening
 Literary Class,
 Emma
 Scott Nasmith
 Reader*

In 1910, this class started with ten members for the study of Browning. The Class has since studied: The Ring and the Book; Pippa Passes, and shorter poems from Browning; Macbeth, Hamlet and King Lear from Shakespeare; a group of poems from Tennyson; selected works of William Butler Yeats; the Rubaiyat of Omar Khayyam, Ibsen's Brand and Peer Gynt. The membership has increased to two hundred members. The Class will begin with the study of Byron's Childe Harold's Pilgrimage, which will include travel talks by Mrs. Nasmith of special interest to students, now that the Eastern theatre of war covers the same ground. This Class is open to any interested student at club rates.

*Evening
 Classes
 in
 Physical
 Education*

THE PURPOSE of these classes is to provide beneficial recreation for business women, and others engaged during the day, in the form of exercises including deep breathing for health, folk and aesthetic dancing for rhythm, grace, ease, and poise.

*Interpretative
 Dancing*

SPECIAL CLASSES in Chalif Interpretative Dancing will be held one evening each week, under the direction of Miss Hamilton.

Patriotic and Social Work

IN VIEW of the seriousness of the crisis through which the world is passing, it has been deemed advisable to devote a portion of the School time and activity to patriotic work. Friday afternoon has been set apart for this purpose, and, as a consequence, the School has been able to make liberal donations of hospital supplies, and of knitted articles.

It is proposed to continue this work during the coming year. At four o'clock Readings will be given by the Principal and members of the Faculty, while the knitting is continued, and at five o'clock tea will be served.

Course tickets for these Readings at \$2.00 may be obtained at the office, and a nominal charge will be made for tea. The resulting funds will be applied to the purchase of wool and other materials. All interested are cordially invited to assist.

LAST MAY, Miss Mary Hamilton, Director of our Annual Physical Education Department, arranged our Patriotic Fête which was held in the Arena. The object of this Fête was to give to the general public an exhibition of the finished work of her students, and to raise funds for our returned disabled soldiers. Nearly three hundred students took part, including not only our own, but also those of Branksome Hall, all of whom are under Miss Hamilton's direction. The Fête aroused great enthusiasm and was, by common consent, one of the most beautiful and interesting of its kind ever given before a Toronto audience. From the receipts, the combined schools were able to contribute \$1300.00 to this good cause.

*The Friday
Afternoon
Readings
by Members
of the
Faculty
and
Students*

*The
Patriotic
Fête*

*Work
in
Social
Settlements*

STUDENTS are encouraged to respond as freely as their regular work will permit, to the call for volunteer service in the various Social Settlements of the city. It is felt that this contact with the less fortunate members of the community should awaken in the rising generation a sense of sympathy, and of social responsibility. Also, in the case of those who look forward to devoting their lives to such service, an opportunity is given to get some insight into the organization and methods of Settlement Work, as well as experience in managing classes. Our students have held classes in these Settlements, in Physical Training, Story Telling, and other departments of their work.

A Word to Students

From the Address given by Col. Nasmith, C.M.G.,
at Commencement

THE woman who is receiving her education to-day is fortunate, for she is living in a period when the old order of things is passing away and a new era is at hand; life is infinitely richer and fuller in every respect than it was before the war began. Many things that before seemed of supreme importance, like money and position, no longer hold first place.

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To-day is the day when the idea of public service reigns in the hearts of the thinking people, and when men and women will only tolerate and follow those whom they know are true to the best interests and ideals of the nation.

Your training here will have given you something that you cannot obtain in any other school that I know of; you will have higher ideals than when you came; you will have trained minds; you must have learned to work and to concentrate; you have learned what is most beautiful and best in life. Trust both your instincts and your judgment. They are not incompatible, and you will ultimately arrive, not at the goal to which you were predestined, but to that for which you have striven. There are great opportunities for work in the world to-day. It is your great privilege to serve.

Tuition Fees

REGULAR COURSES

The Normal Course in English, Expression and Physical Education, - - - - -	per year	\$150 00
The Normal Course in Physical Education, - - - - -	per year	150 00
The Course in English, French, and Physical Education, - - - - -	per year	100 00

SPECIAL COURSES AND PERSONAL LESSONS

*English
and
Expression*

Special students may register for one or for any number of the regular subjects at the following rates:		
One subject of one hour weekly, - - - - -	per term	6 00
- - - - -	per year	15 00

Special attention is drawn to:

The Browning Class, conducted by Mrs. Nasmith.

The Shakespeare Class, conducted by Mrs. Nasmith.

The Criticism Class, conducted by Mrs. Nasmith.

The Class on Modern Dramatists, conducted by Miss Ross.

One subject of two hours weekly, - - - - -	per term	12 00
- - - - -	per year	30 00

Any group of subjects comprising three hours weekly, - - - - -	per year	25 00
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Personal lessons with Mrs. Nasmith, 20 half-hour lessons - - - - -		60 00
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French

Class lessons, three hours weekly, - - - - -	per term	10 00
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Personal lessons with Madame Goudis, 20 one-hour lessons - - - - -		30 00
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*Physical
Education*

Practice in Physical Education, three hours weekly, - - - - -	per term	6 00
- - - - -	per year	15 00

The Women's Physical Training Class, two hours weekly, - - - - -	per term	6 00
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The Children's Saturday Morning Class in Physical Education and Chalif Dancing, - - - per term	6 00	<i>Physical Education</i> (Continued)
Special Classes in Chalif Dancing with Miss Hamilton, one class weekly, - - - - - per term	10 00	
Personal lessons with Miss Hamilton, 20 three-quarter hour lessons - - - - -	40 00	
Personal lessons with Miss McFetridge, 20 three-quarter hour lessons - - - - -	30 00	
Personal lessons with Miss McAllister, 20 three-quarter hour lessons - - - - -	30 00	
Gymnasium Locker Fee - - - - -	2 00	
Diploma - - - - -	10 00	
Certificate - - - - -	5 00	
The Friday Afternoon Readings by Members of the Faculty and Students, - - - - - course	2 00	
The Club for the Study of Contemporary Authors, under the direction of Charlotte Ross, - - Club rates		

The Recital Hall of the School may be rented for Concerts and Recitals.

For further information on this or any other subject pertaining to the School address the Secretary.

Telephone North 4544.

Scholarships and Prizes

1917-1918

The Josephine Burnside Scholarship of \$200.00.

Given to the Students of the Church of England and of the Methodist Deaconess Training Schools.

The Josephine Eaton Scholarship of \$200.00.

The Matilda Rogers Scholarship of \$150.00.

The R. Y. Eaton Scholarship of \$100.00.

The Harry McGee Scholarship of \$50.00.

The J. J. Vaughan Scholarship of \$25.00.

The Margaret Evelyn Boeckh Scholarship of \$25.00.

The Letitia R. Armstrong Scholarship of \$25.00.

These scholarships are awarded in the Department of Expression by competition, and are open to anyone desiring to take work in Expression at the School, and not in actual attendance.

The last three are open also to students in attendance at the School, but may be applied only for work supplemental to their regular courses.

The date, and further conditions of the competitions will be announced during the Michaelmas term.

The George G. Nasmith Prize of \$25.00 for Physical Education.

The Madame Goudis Prize for French.

The Mrs. W. H. B. Aikins Prize for Development.

These prizes are open only to students who register at the beginning of the year.

The Dorothy Scott Raff Optima Prize.

This prize is given in the Third Year to the Student who, during her three years' course, has shown, not only diligence in her work, but the finest spirit of helpfulness and of self forgetfulness in her attitude towards others.

Winners of Scholarships and Prizes

1916-1917

The Josephine Burnside Scholarship

given to

*The Students of the Church of England and Methodist Deaconess Training
Schools*

The Matilda Rogers Scholarship won by - - - *Gertrude Moore*

The R. Y. Eaton Scholarship won by	-	-	}	<i>Florence Robertson.</i>
			}	<i>Norah Thomson, B.A.</i>

The Harry McGee Scholarship won by - - - *Jeanette Jefferys*

The J. J. Vaughan Scholarship won by - - - - *Helene Rogers*

The Margaret E. Boeckh Scholarship won by - - - *Ada Loudon*

The Letitia Armstrong Scholarship won by - - - *Marion Hall*

The George G. Nasmith Prize for Physical Educa-	}	<i>Edith K. Amsden</i>
tion won by - - - - -		<i>Esther Baskette</i>

The Madame Goudis Prize for French won by - - *Olive A. Gurney*

For Most Marked Improvement in French won by - *Dorothy Scott Raff*

The Mrs. W. H. B. Aikins Prize for Interpretation won by
Helen P. Le Vesconte

The Principal's Prize for Development won by - *Helen A. Blackford*

The Dorothy Scott Raff Optima Prize won by - - *Gertrude Moore*

List of Graduates

Miss Wilma Adam	- - - - -	Toronto
Miss Edith K. Amsden	- - - - -	Toronto
Miss Letitia R. Armstrong	- - - - -	Toronto
Miss Jessie Louise Bach (Mrs. A. W. Scott)		Phoenix, Arizona
Miss Alice Baillie	- - - - -	Toronto
Miss Esther Baskette	- - - - -	Owen Sound, Ont.
Miss Erminie Black	- - - - -	Toronto
Miss Helen Blackford	- - - - -	Toronto
Miss Margaret Breed	- - - - -	Toronto
Miss Ruby Cameron	- - - - -	Humber Bay, Ont.
Miss Gertrude Carter	- - - - -	Toronto
Miss Jean Casselman	- - - - -	Montreal
Miss Jenny Dowling	- - - - -	Toronto
Miss Carrie de Long	- - - - -	Victoria, B. C.
Miss Margaret Field (Mrs. R. Elgood)	-	Muncey, Ont.
Miss Annie J. Gawley	- - - - -	Toronto
Miss Stella E. Grier	- - - - -	Toronto
Miss Gladys Grosskurth (Mrs. Carter)	-	Toronto
Miss Cora G. Gould	- - - - -	Calgary, Alta.
Miss Marion D. Hall	- - - - -	Toronto
Miss Sarah Hamilton	- - - - -	Fergus, Ont.
Mrs. W. H. Hincks	- - - - -	Toronto
Miss Elsie Huestis	- - - - -	Toronto
Miss Gertrude Hutchinson (Mrs. McPhie)		Hamilton, Ont.
Miss Marcia Kammerer (Mrs. F. Bradfield)		Toronto
Miss Vina A. Lackner	- - - - -	
Miss Ida M. Landers	- - - - -	Toronto
Miss Helen P. LeVesconte	- - - - -	Toronto
Miss Helena V. Luttrell	- - - - -	Toronto
Miss Elizabeth Lambe	- - - - -	Toronto
Miss Grace E. Macartney	- - - - -	Thorold, Ont.
Miss Norah MacKendrick	- - - - -	Galt, Ont.
Miss Josephine Magwood	- - - - -	Toronto
Miss Mildred Marsh	- - - - -	Toronto
Miss Dora Mavor (Mrs. F. Moore)	- -	Toronto



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